



"Building Strong Families  
and Strong Communities"

What's happening for families ...

# Family Resource Catalog

May, June, July, August 2013



## Summer PAT Picnic

Spring and Summer are always eagerly anticipated by Sheboygan County folks. Snow sports, football and holidays keep us amused but there's something about trips to the ballpark, swimming pools, dinner on the deck and the return of growing things, that warms us both inside and out. Little ones are eager for the return of their summer fun, too. Outdoor play---sand boxes, tumbling in the grass and water play, make sweet experiences for the preschool set.

At the FRC, we see the return of the Farmer's Market in the Generations parking lot, the increased visits of our Senior friends at Plymouth Adult Community Center and the sound of laughter drifting down from the Growing Generations outdoor play space, as sure signs of warmer, longer days of light. Summer would not feel like Summer without our **Parents As Teachers Summer Picnic Potluck, Tuesday, August 20th from 5:30-7:30pm.** Current and Graduate families of the PAT program are invited to attend. We'll share a meal, have games and entertainment for the children, catch up with old friends and make new friends while we celebrate another year of growth in our children and our own growth as parents. Look for more picnic information and registration information on page 3.

**WELCOME SUMMER!**

## EAA AirVenture 2013

The 61st annual EAA AirVenture fly-in convention, known as "The World's Greatest Aviation Celebration," will take place July 29-August 4, 2013 at Wittman Regional Airport in Oshkosh. If you've been to the event, you know what a thrill it is to see those magnificent men (and women!) in their flying machines! Air shows, exhibition buildings, and browsing through the field of showplanes are just a small part of the things to see and do at this annual attraction that brings 80,000 people together in a rite of summer.



If you decide to go, remember that all family members should drink lots of water, stay covered with light colored, loose clothing and sunscreen, wear comfortable shoes and pace yourselves---it's a big venue. Admission applies, but 0-5 year olds get in absolutely free! **For more information:** <http://airventure.org/>

## FRC Drop-in Playgroup – Ages birth through 5 years Wednesdays, 9:30-11:30am

**No registration required.** Sign In and Play. Invite a friend! Playroom is often available during our open office times – please call ahead to check availability (920)892-6706.

## Look for Little Learners Playgroup (Ages 2½ through 4 years)

**To return in the Fall. You may receive a reminder for registration by calling the FRC (920)892-6706 or email [mejohanson@frc-sc.org](mailto:mejohanson@frc-sc.org). Until then, enjoy our drop-in playtimes throughout the summer.**

### Family Resource Center

1500 Douglas Drive, Suite B  
Plymouth, WI 53073  
**920/892-6706**

### Family Resource Center Hours

Monday:	9 a.m. to 5 p.m.
Tuesday & Wednesday:	9 a.m. to 1 p.m.
Thursday:	1 p.m. to 5 p.m.
Friday:	Closed

### FRC Catalog

*Distribution funded by St. Nicholas Hospital*  
Editor: MaryEllen Johnson  
Designer: Karen Voskuil  
Printer: Aurora Health Care of Sheboygan County

## The Family Resource Center of Sheboygan County

*"Building strong families and strong communities"*

The FRC is your link to resources throughout Sheboygan County. We offer a parenting "warmline" – call in with parenting questions and we'll do our best to help you find the information you are seeking. Our lending library, drop-in playroom, events and programs are here to serve Sheboygan County.

### Our Programs:

- Parents As Teachers**  
 Parent Educators visit first time parents bringing research based information to assist you and your baby in making the most of the early years of development, brain growth, and social emotional bonding.
- The Literacy Council**  
 Provides free tutoring for adults who want to learn or improve their English reading and speaking skills. We also provide free training of adults who want to become volunteer tutors in our Adult One-on-One Tutoring Program. We collaborate with community groups in Sheboygan County to promote literacy, which is the key to life-long learning. New students and volunteers accepted year round!
- Military Families Connect**  
 A place for military families to meet, connect and network. Assistance with accessing resources for families on deployments and more. Members meet monthly to share information, build a support network and support the troops.
- United Community for Youth (UCY)**  
 UCY strategizes with community groups and individuals to help our community create and support a safe and balanced alcohol environment and drug-free lifestyle. Funded by the Drug Free Communities grant, for youth to grow to adulthood.

For more information about our programs, please contact us at 920/892-6706.

Register online for all FRC programs <http://tinyurl.com/FRCReg>



### Volunteers!

Have a few extra hours? We have great volunteer opportunities. Whether you're looking for an on-going or short term project--We'll find something to fit your skills and your schedule. Thank you for assisting us in building strong families and strong communities!

For more information, contact the FRC at 920/892-6706 or email us at [ltravis@frc-sc.org](mailto:ltravis@frc-sc.org).

Some of the volunteer opportunities include:

- Childcare provider during our classes
- Mailings, catalog delivery and other office work
- Helping at FRC events and fundraisers
- Literacy Council tutors
- Catalog drop off ( no heavy lifting required).

### FRC CONTRIBUTION

The Family Resource Center of Sheboygan County • 1500 Douglas Dr., Suite B • Plymouth, WI 53073

Yes, we wish to contribute to the Family Resource Center of Sheboygan County. Enclosed is our donation of:

- \$1,000  
  \$500  
  \$250  
  \$100  
  \$50  
  \$25  
  Other \$ \_\_\_\_\_  
 Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
 My check to the Family Resource Center is enclosed. OR Charge my:  AMEX  
 VISA  
 MC  
 DISCOVER

Acct. # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_



You will receive a receipt for tax purposes. Thank you for helping build strong families and strong communities!

## What's happening at the FRC?

### ParentTalk: Big Picture Discipline

*"Keeping the Big Picture" in mind is one of the most important things parents can do. It is also one of the hardest.* ~T. Berry Brazelton

Brush up or stock up on some tried and true discipline tips and techniques that will help you keep the big picture in mind as you guide your child. This class discussion is for the parents or care provider of anyone from birth to 3 years.

When: **Third Tuesday, May 21, 6:30-7:30pm**

Where: FRC, 1500 Douglas Drive, Plymouth

Cost: \$5 per family, payable by May 14th

Register: 920/892-6706 or <http://tinyurl.com/FRCReg>

### KIDS NUTRITION CORNER: JunE Bee Good

Making delicious and healthy snacks is all the buzz with today's Moms and Dads. We'll BEE making and eating treats that will BEE family favorites around the hive. Christa Wilson of *Get Dinner On the Table, LLC*, leads this KNC session. **Children ages 2-5 accompanied by an adult may register.**

When: **Third Tuesday, June 18, 6:30-7:30pm**

Where: FRC, 1500 Douglas Drive, Plymouth

Cost: \$5 per family, payable by June 11th

Register: 920/892-6706 or <http://tinyurl.com/FRCReg>



### Fun Sense: Touchy-Feely Fun

Fun-filled sensory exploration. Hands on fun helps with fine motor skills, and creative use of materials and visual skills. Various art stations offered for various ages. Children Birth to 3 accompanied by an adult. Dress for mess!

When: **Third Tuesday, July 16th, 6:30-7:30pm**

Where: FRC, 1500 Douglas Drive, Plymouth

Cost: \$5 per family, payable by July 9th

Register: 920/892-6706 or <http://tinyurl.com/FRCReg>

### Parents As Teachers Picnic

All current and graduate Parents As Teachers (PAT) participants are invited to join us in our annual summer potluck picnic. Games and conversation fill the building as we come together to meet new families, catch up with old friends and celebrate the milestones we've observed in our children during the past year of PAT fun! Each family is asked to bring a dish to pass. Picnic and games are free of charge. Thanks for supporting us with your attendance. Chicken, birthday cake and cold water provided by FRC. Families bring a dish according to first letter of last name:

- A-E** chips and dip, finger foods
- F-L** main dish
- M-S** salad (green, pasta, gelatin, other)
- T-Z** desserts

When: **Third Tuesday, August 20th, 5:30-7:30pm**

Where: FRC 1500 Douglas Drive, Plymouth

Cost: Free, registration required

Register: 920/892-6706 or <http://tinyurl.com/FRCReg>

### KIDS NUTRITION CORNER:

#### Storybook Snacks

Reading is not only fundamental but "food-a-mental", as we use our noggins to create snacks which are based on, or found in, some of our favorite children's books. Story-based snacks make reading even more of a treat!

**Children ages 2-5 accompanied by an adult may register.**

When: **Third Tuesday, September 17, 6:30-7:30pm**

Where: FRC, 1500 Douglas Drive, Plymouth

Cost: Free, please register by September 10

Register: 920/892-6706 or <http://tinyurl.com/FRCReg>

### Military Families Connect (MFC)

Military Families Connect welcomes all military members, their families and friends serving in the Reserves, Guard and Active Duty of all branches of the Armed Forces, in any duty status. MFC provides the opportunity to meet other military families living in the area. Monthly meetings begin with a potluck meal, followed by an activity, speaker or troop support project. Children's activities are provided.

When: **4th Monday monthly, 5:30-7:30 pm**  
**May 20 (3rd Monday due to holiday),**  
**June 24, July 22, August 26,**  
**September 23**

Where: FRC - 1500 Douglas Dr., Plymouth

Cost: Free

Register: 920/892-6706

**The Family Resource Center will be closed July 1 – 5. We will open at 9am on July 8th. Enjoy a safe and happy Independence Day!**

### Quotes from Great Americans:

*"It is easier to build strong children, than to repair broken men."*  
 ~Frederick Douglas

*"Each day of our lives we make deposits in the memory banks of our children."*

~Charles R. Swindoll



**What's happening at the FRC? continued ...****PARENTS AS TEACHERS**

Babies between birth and three years old learn best from the people with whom they are most bonded – their parents. Parents As Teachers (PAT) is a program for **first time parents** which uses research based information to help you and your baby make the most of the early years. Monthly play based visits are fun for baby and informative for parents. Increased school readiness skills and better problem solving ability are the outcomes of PAT involvement. Developmental screenings help you to know that your child is achieving important milestones. Home visits, group classes with parents of similar aged children, support in your parenting and so much more.

**Please call 920/892-6706, x203, for more information if you are:**

- Sheboygan County resident
- First time parent(s) by: birth, adoption, step-parenting, grandparents with custody of grandchildren
- Expecting a baby or have a child less than 12 months old at enrollment

sponsored by

**Drug Free Community****Be Part of the Solution!**

This Family Resource Center program focuses on substance abuse prevention for youth and adults in Sheboygan County. Join us in our collaborative efforts with school districts, local agencies, families and the community as we promote an environment that is supportive of a safe and balanced alcohol environment and a drug free lifestyle. Join us in our current efforts in helping young people remain Above The Influence and promote guidelines for adults on how to drink responsibly with the *Domino Strategy*. Please visit [www.familyresourcesheboygan.org/drug-free.php](http://www.familyresourcesheboygan.org/drug-free.php) or call Phil or Erik at 920/892-6706 for more information.

**Sponsoring Brighter Futures Through Literacy**

The Literacy Council of the Family Resource Center extends sincere thanks to Alliant Energy Foundation, a supporting sponsor of the Literacy Council's One-on-One Adult Tutoring program. The Alliant Energy Foundation was formed in order to help improve the quality of life - now and in the future - in the communities where Alliant Energy has a presence.

**The Literacy Council**

The Literacy Council provides free tutoring for adults who want to read better or learn to read, write, and speak in English. Trained, caring volunteers provide one-on-one tutoring to adults in Sheboygan County. If you or someone you know would like to learn more about our services, please call 920-892-6706, ext. 206 or email [literacy@frc-sc.org](mailto:literacy@frc-sc.org).

**Training for Volunteer Tutors**

Reading is a skill that many of us take for granted, but a skill that not all Sheboygan County adults have mastered. The Literacy Council's One-on-One Adult Tutoring program matches trained volunteers with motivated adult learners. Tutoring times are flexible and all training and instructional materials are provided.

**When:** Monday, June 17 and Thursday, June 20, 5:30pm-9pm  
**Where:** LTC, 3620 Wilgus Ave., Sheboygan  
**Cost:** Free, but advance registration is REQUIRED  
**Call:** Jo Ann Dent, Literacy Council Coordinator, 920/892-6706 x206 or email [jdent@frc-sc.org](mailto:jdent@frc-sc.org)

**What's happening in Sheboygan County?****The Basics and Beyond Parenting Class**

Many of us have envisioned a perfect family; whether that entails elaborate family vacations or simply enjoying a family dinner together. What you may not expect are the extreme levels of frustration and feeling a lack of control in your parenting. We believe all parents want what is best for their children and have the tools to accomplish their goals. The Basics and Beyond Parenting Class is designed to provide parents with the resources and skills necessary to become confident, nurturing parents. Class provided by Lutheran Social Services.

**Who:** Parents of children birth to 18  
**When:** New classes form as needed, typically once a quarter  
**Where:** Hope Reformed Church, 612 Ontario Ave., Sheboygan  
**Cost:** Free  
**Call:** Amanda at 262-391-2336 for more information.

**Lutheran Social Services In-Home Parent Support**

This service is available to families with children age birth through 18 who would like one-on-one support through in-home parent teaching. Working with you, a specialist will provide a treatment plan to meet your families' unique needs. Whether you're struggling with the frustration of your children not listening to you or the effects of a forced separation, we can help. Please call Amanda at 262-391-2336.

**Great Marriages for Sheboygan County**

Offers programs and seminars for couples in crisis, couples seeking to enrich and nurture their relationship and couples contemplating marriage. Check out these upcoming programs.

**Friday Date Night—Staying in Love**

It's easy to fall in love, but staying in love is another thing entirely! Come for dessert and a fun program on this topic that's relevant to every marriage.  
**Date/Time:** Fri, June 14th, 6:30—9:00 p.m.

**How to Avoid Marrying a Jerk(ette)**

This program is for students and adults who want to make smart choices in dating and to learn how to find a mate who is compatible for a healthy relationship.  
**Date/Time:** Sat. Sept. 28, 9:00 a.m.—4:00 p.m.

**Prepare & Enrich \*\* (call for appointment)\*\***

Unlike our regular monthly programs, this program is not a group program. Couples meet with marriage mentors as a couple and it includes a marriage inventory that is specific to them. Prepare and Enrich is for both married and engaged couples.

**Did you know that Great Marriages has a resource library full of books, DVDs and CDs available to check out for free?**

Visit the Great Marriages office at 612 Center Avenue in Sheboygan, M-F, 8:30am – 4:30pm or call (920) 783-3660. [www.great-marriages.org](http://www.great-marriages.org) for more information.

**Most programs are free but registration is required.**

**Above & Beyond Children's Museum**

From Sky Crawl to the Music Mezzanine, you'll find Above & Beyond to be a special place for children and their families where play and education connect through exploration and discovery. Regular exhibits and special programming. Visit [www.abkids.org](http://www.abkids.org) for schedule of events and hours.

**Where:** 902 N. 8th St., Sheboygan  
**Cost:** Fee for entry, some scholarships available  
**Contact:** Cindy at 920/458-4263

**Parenting Classes from St. Nicholas/Prevea Health**

The following classes are offered on a regular basis:

- Online Childbirth Education
- Birthing Basics
- Childbirth Readiness/Baby Care
- Breastfeeding Basics

**Register:** [www.stnicholashospital.org/events](http://www.stnicholashospital.org/events) or call 920/459-4636

**Also available from St. Nicholas Hospital ...****Pets and Your Newborn**

Veterinarian, Dr. Travis, of Sheboygan Animal Hospital, offers tips to help smooth the getting acquainted process between your newborn and your pet.

**When:** June 4, 7:00-8:00 p.m.  
**Where:** St. Nicholas Hospital  
3100 Superior Avenue  
**Cost:** Free  
**Register:** [www.stnicholashospital.org/events](http://www.stnicholashospital.org/events) or call 920/459-4636

**Infant/Child Safety & CPR**

Learn the lifesaving skill of cardiopulmonary resuscitation (CPR) and how to make your home safe for infants and young children. This course is intended for people with limited or no medical training who want to learn more about CPR and home safety. Students will receive a program participation card. This is not a certification level course.

**When:** Wednesday, August 7, 6:00-8:00 p.m.  
**Where:** St. Nicholas Hospital  
3100 Superior Avenue  
**Cost:** Free  
**Register:** [www.stnicholashospital.org/events](http://www.stnicholashospital.org/events) or call 920/459-4636

**What's happening in Sheboygan County? continued ...****Natural Family Planning**

Natural Family Planning (NFP) is an effective, Church-approved method planning pregnancy through observing and interpreting fertility signs. Programs are sponsored by the Couple to Couple League.

Call 920-457-0332 for more information.

**Hope After Loss Organization – HALO Support Group**

When babies come into our lives and are too quickly and quietly gone, they leave lasting footprints on our hearts. At St. Nicholas Hospital, we believe those lives are precious and should be honored and remembered no matter how brief their life. HALO is a Pregnancy Loss and Newborn Death Support Program created to support parents and their families in whatever stage of pregnancy loss they find themselves; miscarriage, ectopic, stillbirth, or early newborn death. The Halo support group meets the first Thursday of the month at St. Nicholas Hospital. For more information about this program, please contact 920-457-5770, and ask to speak to a HALO representative.

**Parenting Classes from****Aurora Sheboygan Memorial Medical Center**

The following classes are offered on a regular basis:

- Online Childbirth Education Course
- Labor, Birth and Beyond
- Breastfeeding Basics
- Bringing Baby Home

Register: Call 920/451-5537 or online at [aurorahealthcare.org](http://aurorahealthcare.org) for detailed class information

**Happy Father's Day!**

*"One father is more than a hundred schoolmasters."*

~English Proverb

**Lakeshore Community Health Center****1931 N. 8th Street, Sheboygan**

Affordable health care is available at a low cost to individuals based on income. Serving uninsured and underinsured individuals. Lakeshore CHC offers an integrated medical home providing:

- General Primary and Preventative Care
- Chronic Disease Management
- Medication Monitoring
- Immunizations
- Health Screenings
- Lab and X-Ray Referrals
- Health Education
- Oral Health and Dental Care
- Routine Exams and Cleaning
- Fillings
- Fluoride Treatments
- Dentures

Dental and health services are provided **by appointment only**. Please call (920)783-6633.

**MOPs****Mothers and children (ages birth – 5 years)**

Join us for support and encouragement for Moms of young children. Enjoy hearing speakers on different topics and discussion with other moms. Children have fun in our Moppets program.

When: **Every 1st and 3rd Wednesday during the school year, 9:30-11:30am**  
Call for summer park information.

<http://www.plymouthalliance.org>

Where: Plymouth Alliance Church  
1203 Fairview Dr., Plymouth

Contact: Jamie 920/207-0140 for registration information.  
Church phone: 920/892-5525 or visit [www.mops.org](http://www.mops.org)

**Teen MOPs****Teen mothers and children (birth-5 yrs)**

Meet with other teen moms for support, encouragement, and fun. Enjoy a meal together and time to get to know each other. To connect with us during the summer, find us on facebook at Sheboygan Teen Mops. Contact us for information about regular meetings during the school year.

When: **Tuesdays, Sept-May, 5:30-7:30pm**

Where: Calvin Christian Reformed Church  
2313 Saemann Avenue, Sheboygan

Cost: Free

Contact: Andrea at 920/564-5102 for more information.

**Consumer Credit Counseling Service**

Are you unemployed and struggling to pay your real estate taxes or your mortgage? Are you facing foreclosure? We can help you! CCCS also does budget/credit counseling services and offers debt management plans when credit card debts feel overwhelming. We can often help you get better interest rates and reduce/eliminate late or over-the limit fees.

Where: 1930 N. 8th Street, Sheboygan

When: Ongoing services

Cost: Free

Call: 920/458-3784 or [cccs@excel.net](mailto:cccs@excel.net)

**What's happening in Sheboygan County? continued ...****Salvation Army**

Provides short-term emergency assistance with rent (to avoid eviction) and utility bills (to avoid disconnection). Community dinners, counseling (spiritual and financial), and other services.

**Plymouth area:**

110 E. Mill Street; 920/893-4076 or [ginger\\_weimer@usc.salvationarmy.org](mailto:ginger_weimer@usc.salvationarmy.org) for more information.

**Sheboygan area:**

710 Pennsylvania Avenue; 920/458-3723 or [www.sasheboygan.org](http://www.sasheboygan.org) for more information.

**BadgerCare Plus**

BadgerCare Plus allows many Wisconsin families to have affordable, comprehensive health insurance. Coverage is available for pregnant women, self-employed parents and farmers, adults who do not have children under 18, and youth aging out of foster care who are within the income eligibility limits. Monthly premiums and co-payments are based on income.

Apply at Badger Care Plus <http://www.dhs.wisconsin.gov/badgercareplus/faq.htm> or call 1-800/362-3002.

**Badger Care Plus Local contact:**

Job Center-Economic Support Unit at 208-5856 or 1-800/596-1919 ext. 5856

**Breastfeeding Resources in Sheboygan County****• Accredited La Leche League Leaders:**

Sara 920/565-3874 Roni 920/451-7110  
Rachel 920/783-6027

**• Family Birth Center Aurora Sheboygan Memorial Medical Center:** 920/451-5561**• Genesis Center St. Nicholas Hospital:** 920/459-4700 or [www.stnicholashospital.org](http://www.stnicholashospital.org)**• Sheboygan County Public Health:**

Vicky Schneider, R.N., CBE, 920/459-3208,  
Marcia Bouchaine, R.D. CLE, 920/459-6411

(Marcia also offers information to child care providers and area businesses to assist them in helping mothers continue breastfeeding as they return to work or school.)

**Special thanks to:**

- ♥ **Aurora Health Care of Sheboygan County**, for layout and cost-effective printing of this catalog
- ♥ **St. Nicholas Hospital**, for mailing 1500 catalogs, three times a year
- ♥ **Sheboygan Chevrolet**, for donation of our FRC leased car
- ♥ **Karen Grupe, Wisconsin Web Writer**, for hosting of the FRC website

**La Leche League Breastfeeding Support Group**

Monthly meetings inform and support women interested in breastfeeding. Discussion led by accredited leader. Lending library available.

When & Where: **2nd Tuesday at 6:30pm**  
First Congregational UCC  
1405 S. Hwy 67, Plymouth

AND: **4th Monday of the month at 9:30am;**  
Call for meeting location

For more information or for breastfeeding help, call:  
Roni - 920/451-7110 Rachel - 920/783-6027  
Sara - 920/565-3874

**Sheboygan County Public Health****1. Immunization Clinics**

Call: 920/459-3030 or 1-800/596-1919 ext. 3030 to schedule an appointment

**2. Women, Infants, and Children Nutrition Program (WIC)**

Call: 1-800/596-1919 ext. 3417 for more information or to schedule an appointment

**3. Free Lead Screening and Information**

Call: 920/459-6439 or 1-800/596-1919 ext. 6439 for more information or to schedule a screening for your child

**Free Pregnancy Testing/ Pregnancy Counseling**

Offered by Bethany Christian Services, a non-profit family and child agency that offers Pregnancy Counseling and Adoption Education. Call Emily for a confidential appointment in either Sheboygan or Fond du Lac.

Phone: Emily at 1-888-238-4269 or nationwide toll free 1-800/BETHANY

**Legal Aid Clinic**

Families seeking legal assistance can attend the Legal Aid Clinic held on the 2nd and 4th Thursdays at the Salvation Army Office in Sheboygan from 1:30-4:00 pm.

**Legal Explorer**

A reliable Internet resource to help you navigate Wisconsin's legal system. [www.legalexplorer.com](http://www.legalexplorer.com)

**Self-Help Family Law Website**

Information on this site is intended to help individuals without an attorney seek a divorce or legal separation or file a small claims legal claim in a Wisconsin court. This information is provided as a service and convenience by the Wisconsin Court System and is not intended to provide legal advice.

<http://wicourts.gov/services/public/prose.htm>

**What's happening in Sheboygan County? continued ...****Plymouth School District Community Education & Recreation****• Kids Spring Sampler-For boys & girls in grades 2-5**

Join us for a little fun with something new each week! Jewelry and beading, smoothies and homemade ice cream, fabric art, and fun in the garden with a scavenger hunt.

**When:** Tuesdays, May 14-June 4, 6:30-7:45 p.m.

**Where:** Plymouth High School  
125 Highland Dr., Plymouth

**Cost:** \$28, includes all supplies

**Call:** 920/892-5068

Visit <http://www.plymouth.k12.wi.us/COM.html>, or call 892-5068 for more information.

**Sheboygan Area School District Community Recreation Department****• Tyke Tyme Summer School (children entering Grades 4K, Kindergarten & Grade 1)**

Games, crafts, stories, outdoor activities and songs for the young child. You may register for one or both sessions. Children must be pre-registered—no drop-ins. Class size limited to 30 participants. **No program July 4.**

**Session 1:** June 24 thru July 18

**Session 2:** July 22 thru August 15

**Days:** Monday thru Thursday

**Time:** 9:30-11:30 a.m.

**Fee:** No charge

Register online for the grade your child is entering at [www.sheboygan.k12.wi.us/summerschool](http://www.sheboygan.k12.wi.us/summerschool).

Call if you have questions: 920/459-3585.

**• Safety Town**

A 16-hour safety education program for children who will be starting kindergarten in the fall of 2013.

**When:** June 17-27, 9-11 am and 12:30-2:30 pm;  
July 8-18, 9-11 am and 12:30-2:30 pm.

**Where:** Horace Mann Middle School, Sheboygan with field trips to the Sheboygan Fire Department, Sheboygan Police Department, St. Nicholas Hospital and James Madison School water safety day.

**Cost:** \$50 per child.

**Registration deadline:** April 10.

**Call:** Dana Bemis at 912-2997 for availability.

This program is co-sponsored by the Sheboygan Service Club and the Community Recreation Department. Registration form available at [www.sheboyganserviceclub.org/safety-town](http://www.sheboyganserviceclub.org/safety-town)

Visit <http://www.sheboyganrec.com> or call 459-3773 for more information.

**Birth to Three Early Intervention**

The Birth to Three Program is for eligible infants and toddlers with developmental delays, and could include those identified or diagnosed with delays in cognitive, motor, sensory, speech and language, or social/emotional areas of development. Early intervention is important! Referrals can be made by calling the Sheboygan County Division of Public Health at 920/459-3030 or 1-800/596-1919, Ext. 3030.

**Hispanic-American Information Center**

The Hispanic-American Information Center (HAIC) strives to provide services to, and create a supportive and welcoming community for, Hispanic/Latino individuals and their families. HAIC focuses on providing tools, information, resources, and motivation to succeed in today's society.

**When:** Monday – Friday, 8:00am-5:00pm

**Where:** Partners for Community Development  
1407 S. 13th Street, Sheboygan, WI

**Cost:** Free

**Contact:** 920/459-9880 or  
[outreach@partners4cd.com](mailto:outreach@partners4cd.com)

**International Adoption Informational Meeting**

Serving families since 1944, Bethany Christian Services is the largest private adoption agency in the U.S. To learn more about International Adoption:

**Call:** 1-800/551-0505 for specific times and locations or visit [www.bethany.org/wisconsin](http://www.bethany.org/wisconsin).

**Foster Parent Information**

Welcome a child into your loving home. Children's Service Society of Wisconsin-Sheboygan will guide you through the process of becoming a foster family. Call today to find out how you can make a difference in a young life. Contact Stefanie at 920/889-5113 for more information.

**RAINBOWS, SPECTRUM, and PRISM**

Grief support groups for children, youth and adults who are grieving a loss due to death, divorce, separation, abandonment, incarceration, or other crises. Groups of similar age meet once a week for 14 weeks.

**www.rainbowkidswi.org:**

RAINBOWS for elementary/middle school;

SPECTRUM for high school; PRISM for adults.

Registration is required. [www.rainbowkidswi.org](http://www.rainbowkidswi.org) or [rainbowkids@excel.net](mailto:rainbowkids@excel.net)

**When:** Fall sessions begin in early September

**Cost:** FREE

**Call:** Mary Kay Vanden Heuvel 920/452-2838 for registration/ information on locations

**What's happening in Sheboygan County? continued ...****Compassionate Parents**

A support group for parents who have lost a child.

**When:** 2nd Monday of each month at 7:00pm

**Where:** United Way Building  
2020 Erie Avenue, Sheboygan

**Cost:** Free

**Call:** Mental Health America 920/458-3951 for more information

**Mental Health America**

Mental Health America works to promote mental health, prevent mental and substance abuse conditions, and achieve victory over mental illnesses and addictions through advocacy, education, research and service. Call for more information.

**Where:** 2020 Erie Avenue, Sheboygan

**Cost:** Free

**Contact:** 920/458-3951 or  
[mhasheb@mcleodusa.net](mailto:mhasheb@mcleodusa.net)

**Additional information at:** [www.mhasheboygan.org](http://www.mhasheboygan.org)

**Al-Anon Family Groups**

Al-Anon is for any adult who is a friend or family member affected by someone else's alcoholism.

We are an anonymous, member-led fellowship which follows the 12 - step program of Alcoholics Anonymous. It is a spiritual (not religious) program designed to welcome and give comfort to families of alcoholics and give understanding and encouragement to the alcoholic. Alakids and Alateen groups also available.

**Contact:** Sandi at 920/898-4570.

Call for meeting times and locations

**ADHD Resources**

A collection of books and videos on attention deficit-hyperactivity disorder is available in Mental Health America's resource library. Anyone interested in borrowing items for up to two weeks can stop at the office.

**When:** 8:00am – 4:00pm,  
Monday through Friday

**Where:** 2020 Erie Avenue, Sheboygan

**Call:** 920/458-3951

**Children with Special Health Care Needs (CSHCN)**

Provides information, resources, referrals, parent support through trainings and connections to other parents, and service coordination through linkages to local public health departments, for parents with children who have special health care needs.

**Regional Center:** 920/969-5325 or

Toll Free: 1-877/568-5205 or find us online at: [www.northeastregionalcenter.org](http://www.northeastregionalcenter.org)

**Bookworm Gardens**

Playful children's garden enhances literature, the natural world, and the imagination. The two acre garden offers the young and young at heart the opportunity for free, unstructured play in a beautiful and secure environment. For schedule of events and activities, visit [www.bookwormgardens.org](http://www.bookwormgardens.org)

**When:** May 1 – October 31, various hours

**Where:** 1415 Campus Dr., Sheboygan

**Au-some Social, Support & Sibling Group of Sheboygan County**

Parents, siblings, caregivers, grandparents, those on the autism spectrum, are all welcome. Join us as we meet one another, share stories, challenges, ask questions and share support. Let's make new friends! No more feeling all alone and like you cannot take your child anywhere! Those living with other special needs are also welcome to attend. We meet on the 3rd Sunday of each month from 1:00-3:00pm. Please contact us for more info or to RSVP your attendance. \*Please feel free to bring snacks or drinks for your family.

**Contact:** Tina at 920/838-1368 or

email: [tbaarnst@juno.com](mailto:tbaarnst@juno.com)

Travis at 920/889-3207 or

email [traviswick@yahoo.com](mailto:traviswick@yahoo.com)

Cassandra Trott @ 920.838.0192 or

email [cassandra.d.trott@gmail.com](mailto:cassandra.d.trott@gmail.com)

**Safe Harbor Support Groups**

Safe Harbor offers varied support groups for survivors/victims of domestic violence and sexual assault. All groups are free and confidential. For more information and to see which group might be best for you, please visit [www.sheboygansafeharbor.org](http://www.sheboygansafeharbor.org) or call the number below.

**Where:** 929 Niagara Avenue, Sheboygan

**Contact:** Amanda Drossel 920/452-7640 or

[AmandaD@sheboygansafeharbor.org](mailto:AmandaD@sheboygansafeharbor.org)

**FRC Class Registration & Childcare Policies**

- Class registrations are confirmed upon receipt of non-refundable class fees which are due at least 5 days before the class. Pay via Paypal at [www.frc-sc.org](http://www.frc-sc.org), by check mailed to the FRC or by cash drop off.
- Some scholarships are available upon request
- If unable to attend an event for which you have registered and paid, please cancel within 24 hours by calling 920/892-6706; cancellations received by the FRC more than 24 hours before the event will be credited to your account, to be used for a future class.
- Fees from cancellations received by the FRC 24 hours or less before an event will be considered a donation to the FRC.
- Registered childcare requests must be cancelled within 24 hours of event by calling 920/892-6706. Failure to cancel will result in a \$7 service fee.
- If a class is cancelled by the FRC, class fees will be credited and can be used at a later date.

## June 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Little Learners LC Tutor Orientation	6 Little Learners	7	8
9	10	11	12 Drop In Playgroup	13	14	15
16	17 Tutor Training	18 KNC: JunE Bee Good	19 Drop In Playgroup	20 Tutor Training Farmers Market Generations	21	22
23 30	24 Military Families Connect	25	26 Drop In Playgroup	27 Farmers Market Generations	28 Bookworm Gardens Bedtime Stories	29

## July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 FRC Closed	2 FRC Closed	3 FRC Closed	4 FRC Closed Farmers Market Generations	5 FRC Closed	6
7	8	9	10 Drop In Playgroup	11 Farmers Market Generations	12	13
14	15	16 Fun Sense	17 Drop In Playgroup	18 Farmers Market Generations	19	20
21	22 Military Families Connect	23 KNC: JunE Bee Good	24 Drop In Playgroup	25 Tutor Training Farmers Market Generations	26 Miesfeld's Lakeshore	27 Bookworm Gardens Fairy Festival
28	29	30	31 Drop In Playgroup			

## August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Farmers Market Generations	2	3
4	5	6	7 Drop In Playgroup Twilight Concert @ Fountain Park Big Cedar Bluegrass	8 Farmers Market Generations	9	10 Farmers Market, Fountain Park, Sheboygan
11	12	13	14 Drop In Playgroup	15 Farmers Market Generations	16	17
18	19	20 Parents As Teachers Picnic	21 Drop In Playgroup	22 Farmers Market Generations	23 Workers Water St - Splash Park, Sheboygan	24
25	26 Military Families Connect Weekend	27	28 Drop In Playgroup	29 Farmers Market Generations	30	31 Kites over Lake Michigan, Neshotah Beach, Two Rivers

### Thank You!

Thank you for your gifts of time, talent and financial support. We thrive on your support.

- Alliant Energy Foundation
- Ginger Boldt
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- Forever postage stamps

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Aurora Sheboygan Memorial Medical Center announces the arrival of a new Level IIb Neonatal Intensive Care Unit.

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Please call 920/892-6706 or send an email to [mejohanson@frc-sc.org](mailto:mejohanson@frc-sc.org) if you receive more than one copy of this publication or if you prefer to view it online.



*"Building Strong Families  
and Strong Communities"*

**1500 Douglas Drive**  
**Suite B**  
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- Children's Playroom
- Developmental Screenings, Information and Referrals
- Drug Free Community
- Library of books and videos
- Literacy Council
- Military Families Connect
- Parents As Teachers
- Parent/child activities & parenting classes
- Staff to answer questions

**[www.frc-sc.org](http://www.frc-sc.org) [ltravis@frc-sc.org](mailto:ltravis@frc-sc.org) fax: 920/893-4403**